



# Sustainable food systems – the place for a balanced diet in mitigating greenhouse gases

John Roche,  
Chief Science Adviser, &  
Director, On-Farm support  
Ministry for Primary Industries

Kaitohutohu Mātanga Pūtaiao Matua, me  
Te Pou Whakahaere, Mahi Ahuwhehewa  
Manatū Ahu Matua



# Sustainable food systems

achieving food and nutrition security today contributes to food and nutrition security for future generations

- FAO



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- FAO

- 
- Food availability;
  - Nutritional adequacy;
  - Affordability;
  - Profitable for producer;
  - Environmentally benign.

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# Climate Change and Food Systems

Sonja J. Vermeulen,<sup>1,2</sup> Bruce M. Campbell,<sup>2,3</sup>  
and John S.I. Ingram<sup>4,5</sup>

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<sup>2</sup>Consortium of International Agricultural Research Centers Research Program on Climate Change, Agriculture and Food Security, Frederiksberg C, DK-1958, Denmark; email: s.vermeulen@cgiar.org, b.campbell@cgiar.org

<sup>3</sup>International Center for Tropical Agriculture (CIAT), Cali, Colombia

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<sup>5</sup>Natural Environment Research Council, Swindon SN2 1EU, United Kingdom

**Table 1** Estimates of the relative contributions of different stages of the food chain to global greenhouse gas emissions

Stage of food chain <sup>a</sup>		Emissions (MtCO <sub>2</sub> e) <sup>b</sup>
Preproduction	Fertilizer manufacture	282–575
	Energy use in animal feed production	60
	Pesticide production	3–140
Production	Direct emissions from agriculture	5,120–6,116
	Indirect emissions from agriculture	2,198–6,567
Postproduction <sup>c</sup>	Primary and secondary processing	192
	Storage, packaging, and transport	396
	Refrigeration	490
	Retail activities	224
	Catering and domestic food management	160
	Waste disposal	72



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Preproduction ~1-1.5%	Fertilizer manufacture	282–575
	Energy use in animal feed production	60
	Pesticide production	3–140
Production 15-25%	Direct emissions from agriculture	5,120–6,116
	Indirect emissions from agriculture	2,198–6,567
Postproduction <sup>c</sup> ~3%	Primary and secondary processing	192
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**Globally,**

- food system is responsible for 20-30% of anthropogenic GHG emissions;
- agriculture sector accounts for about 15-25% of anthropogenic GHG emissions;
- IPCC estimates that 50% of total agricultural emissions are non-CO<sub>2</sub> GHGs (i.e., methane [CH<sub>4</sub>] and nitrous oxide [N<sub>2</sub>O])

**Climate  
and Food**

Sonja J. Vermeulen  
and John S. Iqbal

<sup>1</sup>Department of Plant  
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# Corporate Pledges to meet warming neutrality



20% emissions reduction by 2025, 50% by 2030, and  
Net Zero emissions by 2040 [at the latest]



net-zero greenhouse gas emissions by 2040



reduce absolute methane emissions from its fresh milk supply chain by 30% by 2030



reduce supply chain emissions by 30% by 2030



emissions reduction of 50% by 2030 across all Scope 1, 2 & 3

net zero greenhouse gas ("GHG") emissions across its operational footprint (Scope 1 and Scope 2) and entire global supply chain (Scope 3) by 2050







**Damian Carrington**  
*Environment editor*

🐦 @dpcarrington

Thu 31 May 2018 19.00 BST



# Avoiding meat and dairy is 'single biggest way' to reduce your impact on Earth

**Biggest analysis to date reveals huge footprint of livestock - it provides just 18% of calories but takes up 83% of farmland**



Damian Carrington  
Environment editor

🐦 @dpcarrington

Thu 31 May 2018 19.00 BST



# Avoiding meat and dairy is 'single biggest way' to reduce your impact on Earth

Biggest analysis to date reveals huge footprint of livestock - it provides just 18% of calories but takes up 83% of farmland

- Without meat and dairy consumption, global farmland use could be reduced by more than 75% – an area equivalent to the U.S., China, the European Union and Australia combined – and still feed the world.
- *"A vegan diet is probably the single biggest way to reduce your impact on planet Earth"*



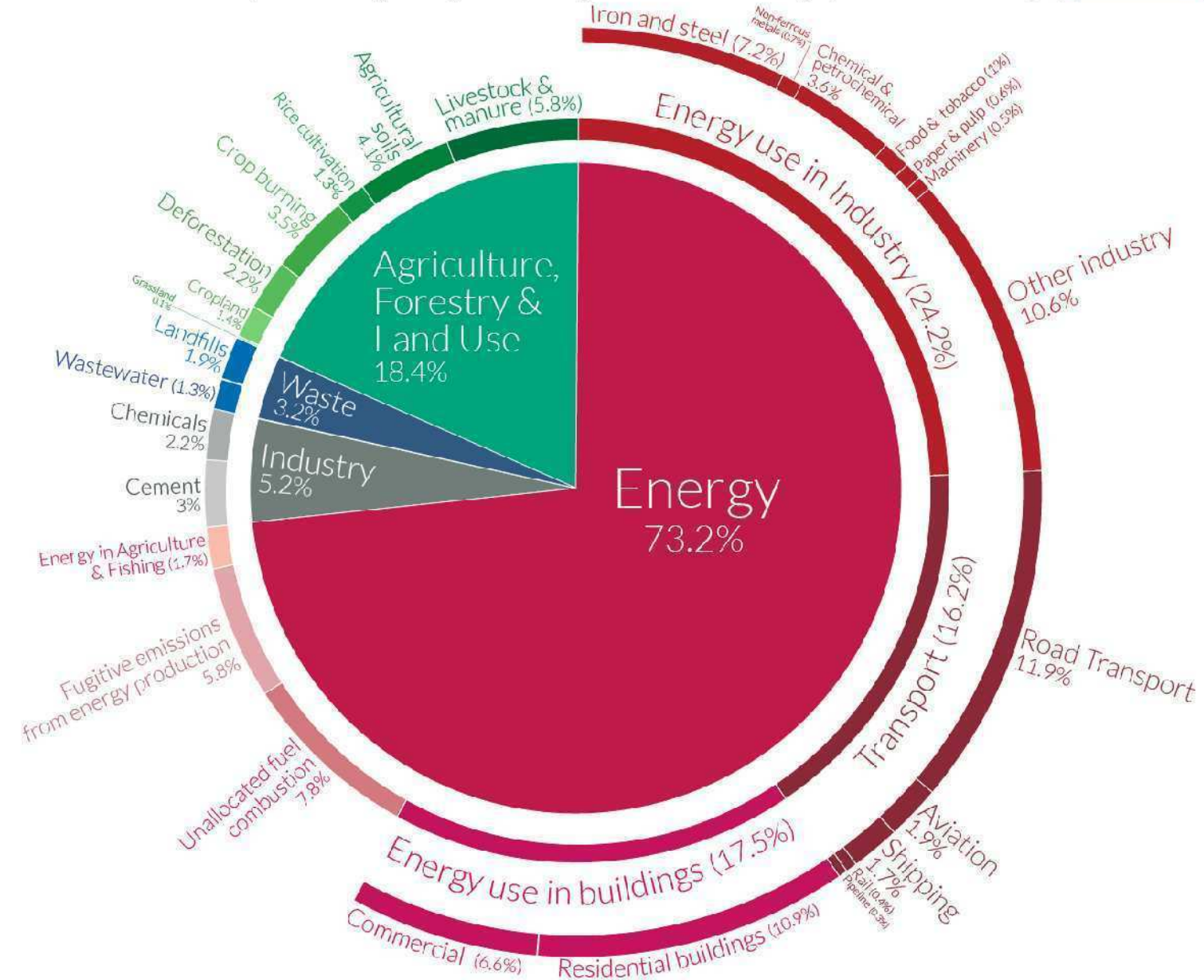


# Share of GHG

- Energy 73.2
- Agriculture 18.4
- Industry 5.2
- Waste 3.2

Global greenhouse gas emissions by sector  
This is shown for the year 2016 – global greenhouse gas emissions were 49.4 billion tonnes CO<sub>2</sub>eq.

Our World  
in Data



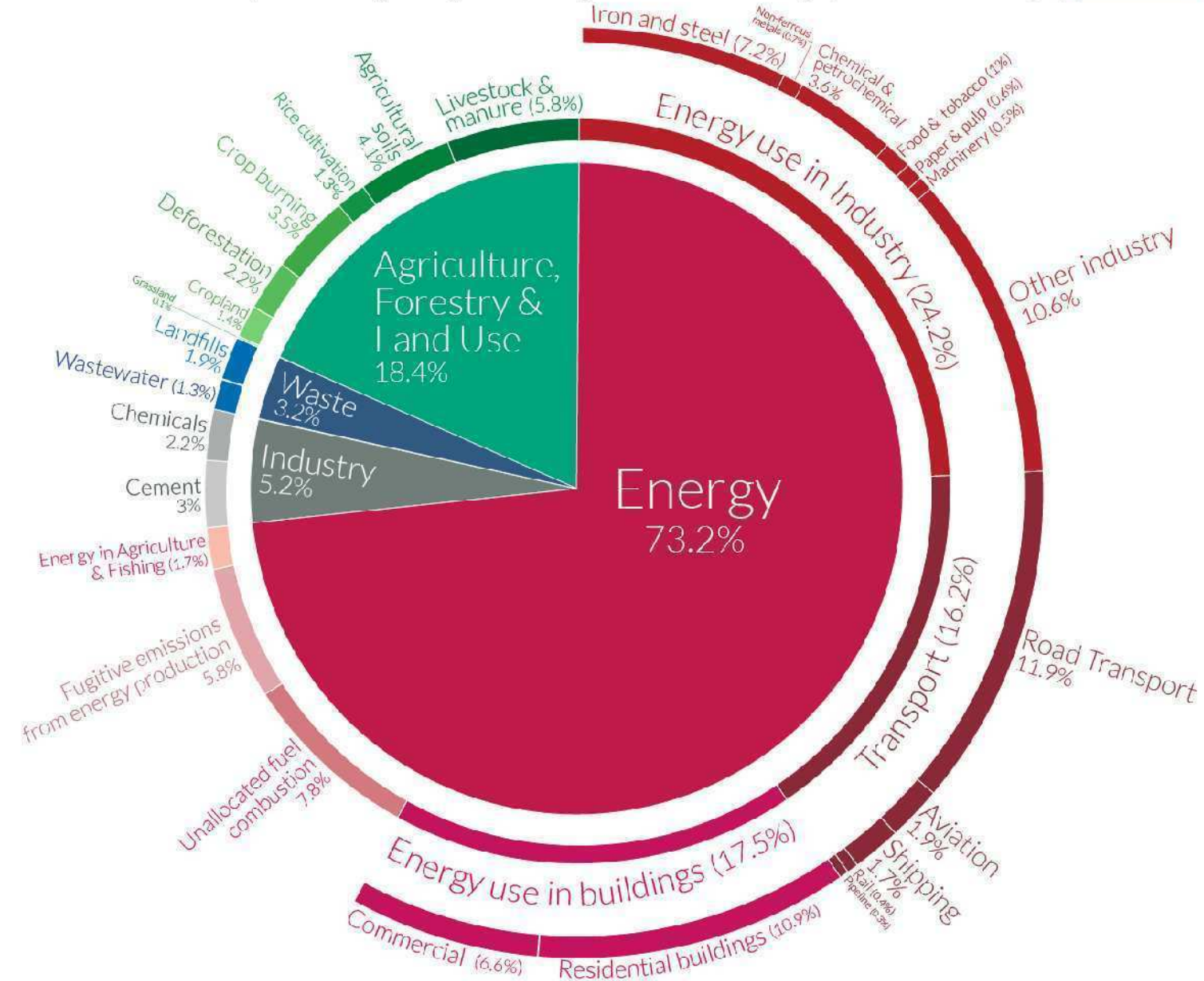
# Share of GHG

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Global greenhouse gas emissions by sector

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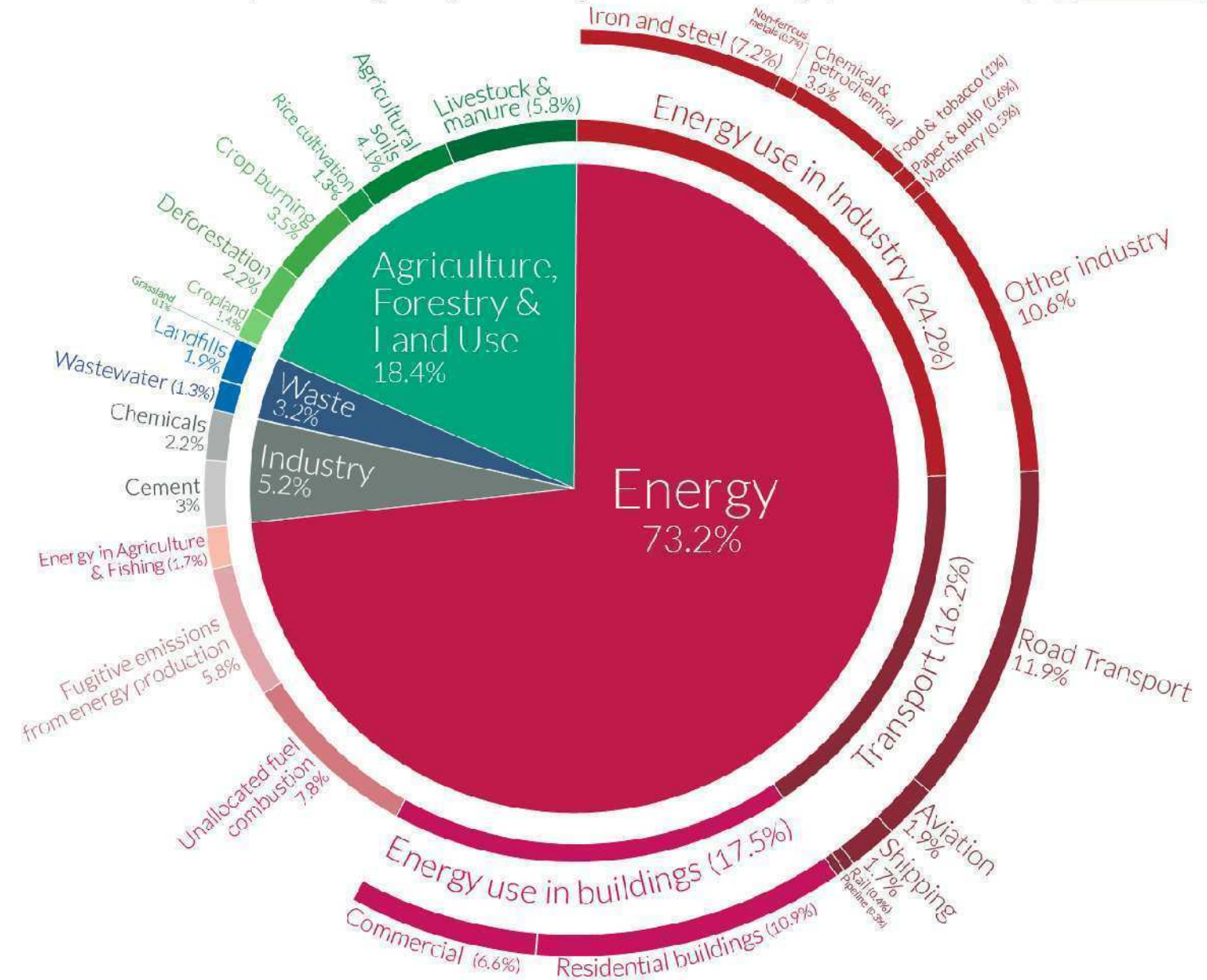
# Share of GHG

	%
<u>Agriculture</u>	<u>18.4</u>

- Grassland 0.1
  - Cropland 1.4
  - Deforestation 2.2
  - Crop burning 3.5
  - Rice cultivation 1.3
  - Agric soils 4.1
  - Livestock 5.8
- (incl manure)

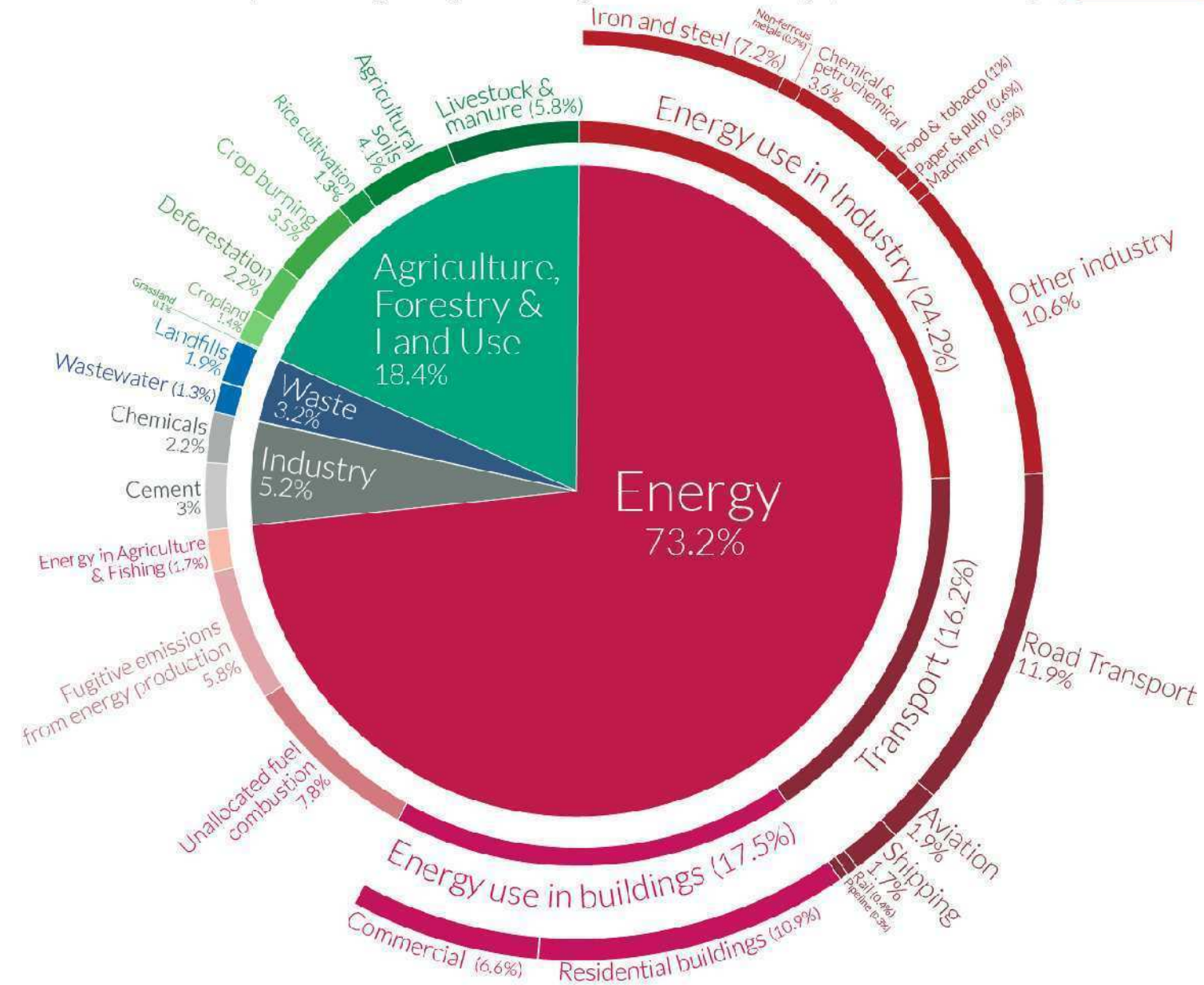
**Global greenhouse gas emissions by sector**  
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Our World  
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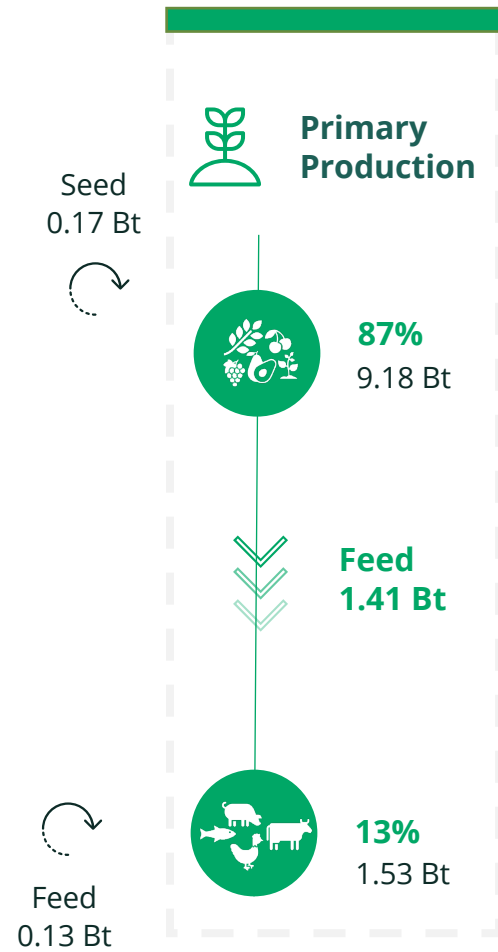




# Nutrition

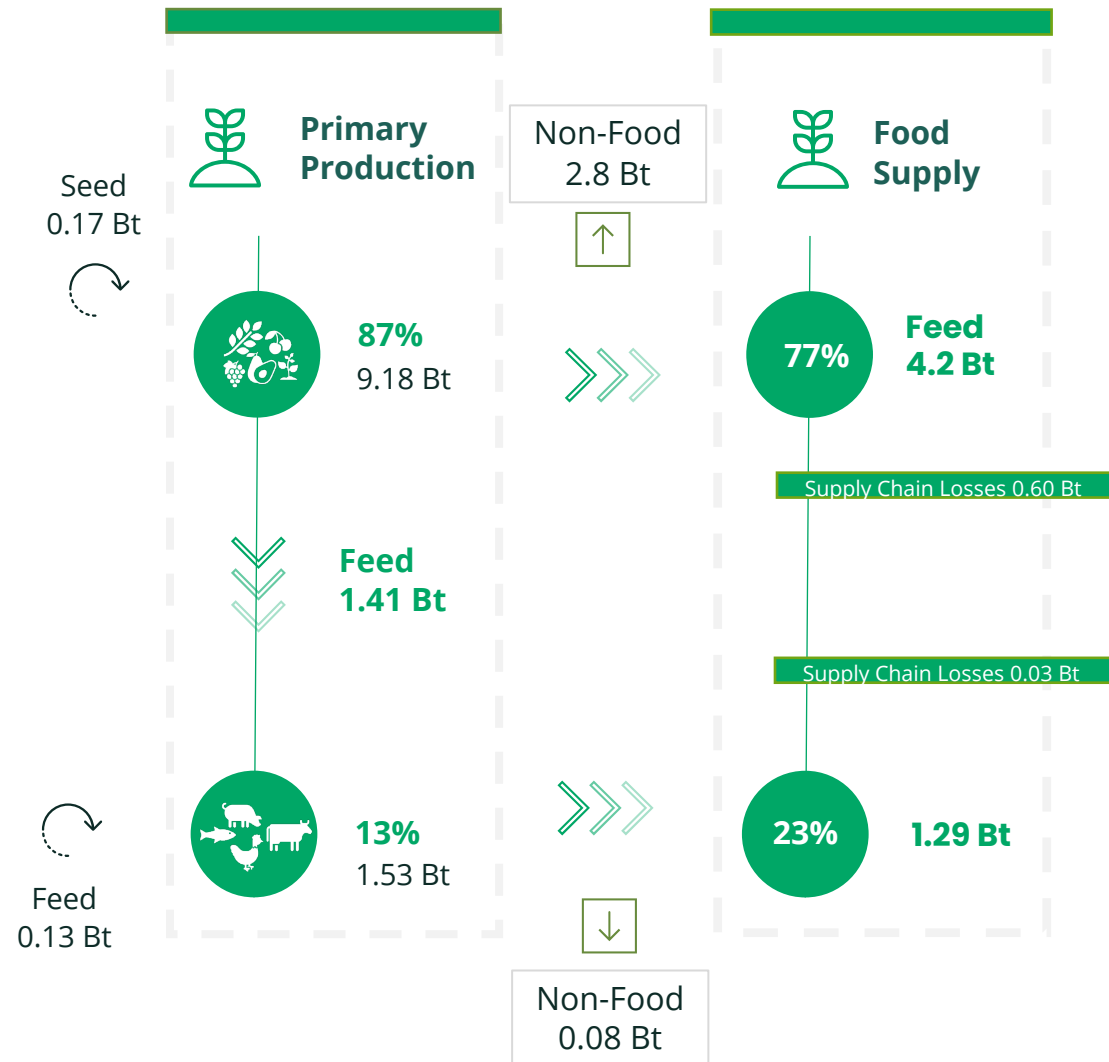


# Mass flows

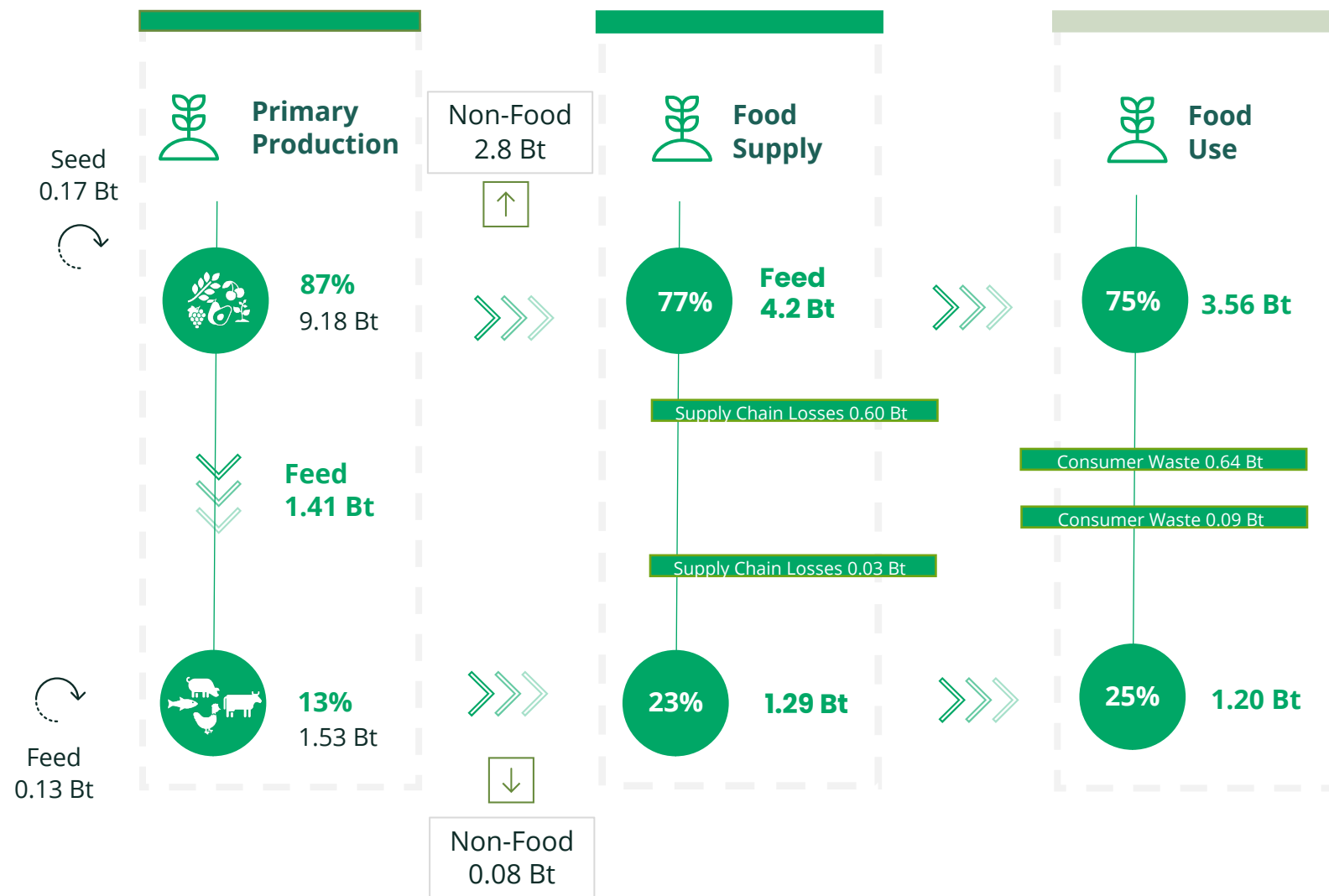




# Mass flows

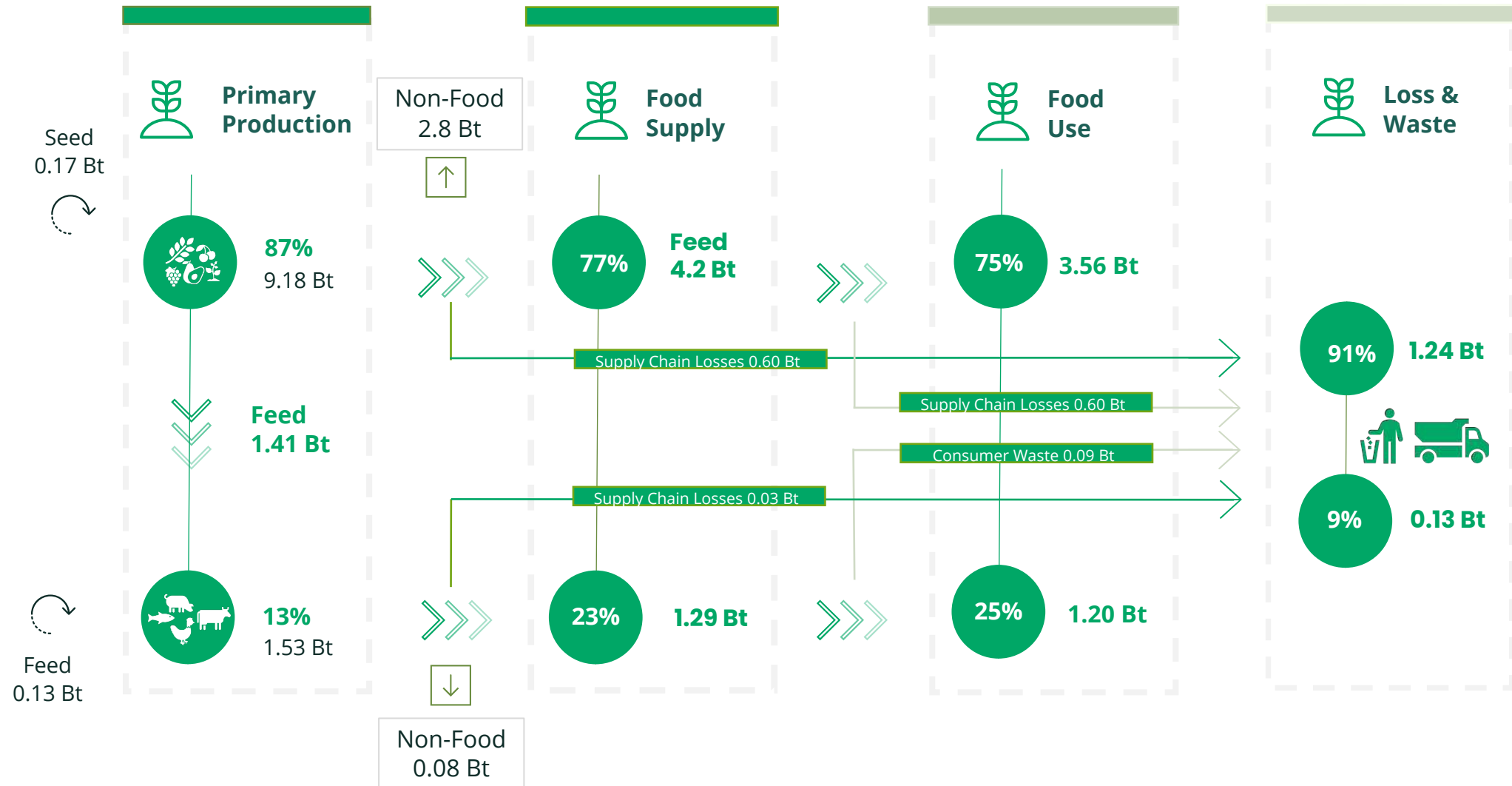


# Mass flows

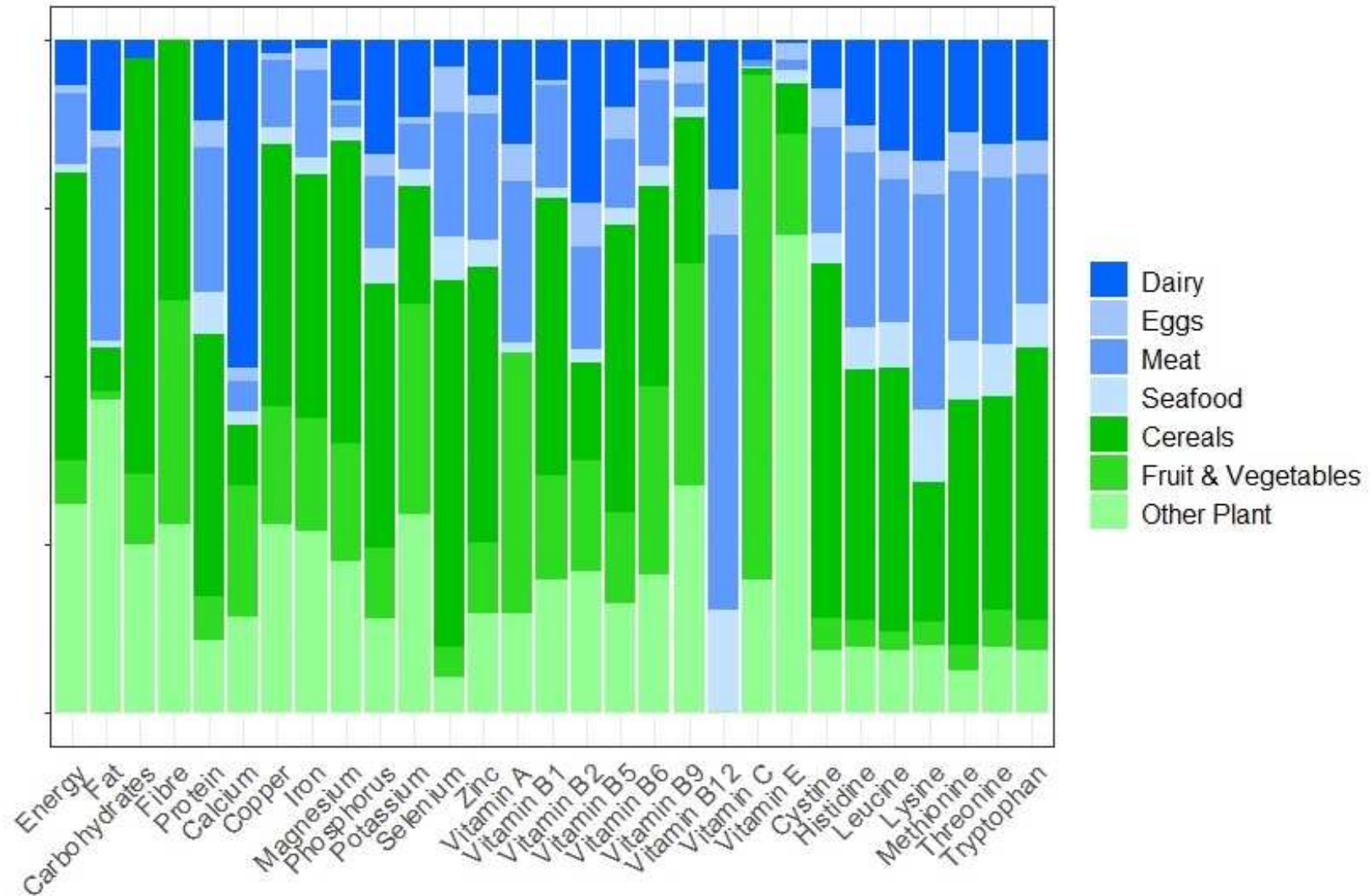




# Mass flows



# Nutrient sources






**But, what  
about  
atmospheric  
warming?**

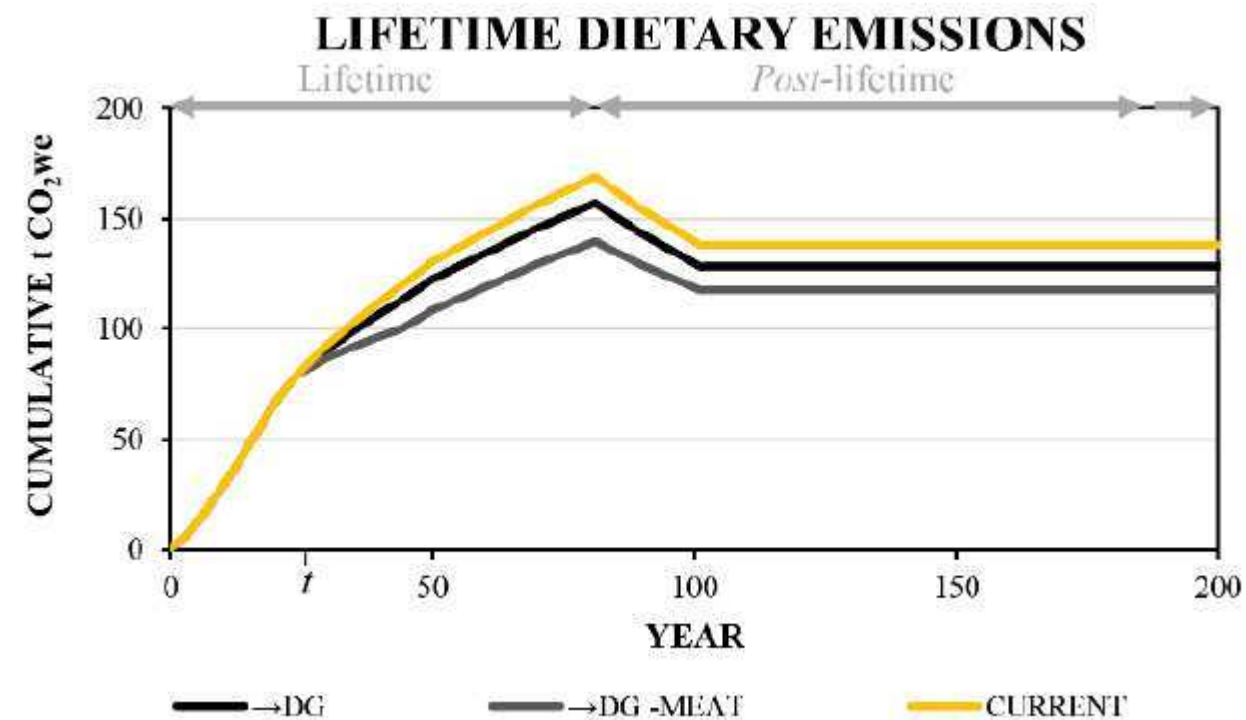




Article

# Lifetime Climate Impacts of Diet Transitions: A Novel Climate Change Accounting Perspective




Jonathan E. Barnsley <sup>1</sup>, Chanjief Chandrakumar <sup>1</sup>, Carlos Gonzalez-Fischer <sup>2</sup> , Paul E. Eme <sup>1</sup>, Bridget E. P. Bourke <sup>1</sup>, Nick W. Smith <sup>3</sup>, Lakshmi A. Dave <sup>3</sup>, Warren C. McNabb <sup>3</sup>, Harry Clark <sup>2</sup>, David J. Frame <sup>4</sup>, John Lynch <sup>5</sup>  and John R. Roche <sup>1,6,\*</sup> 

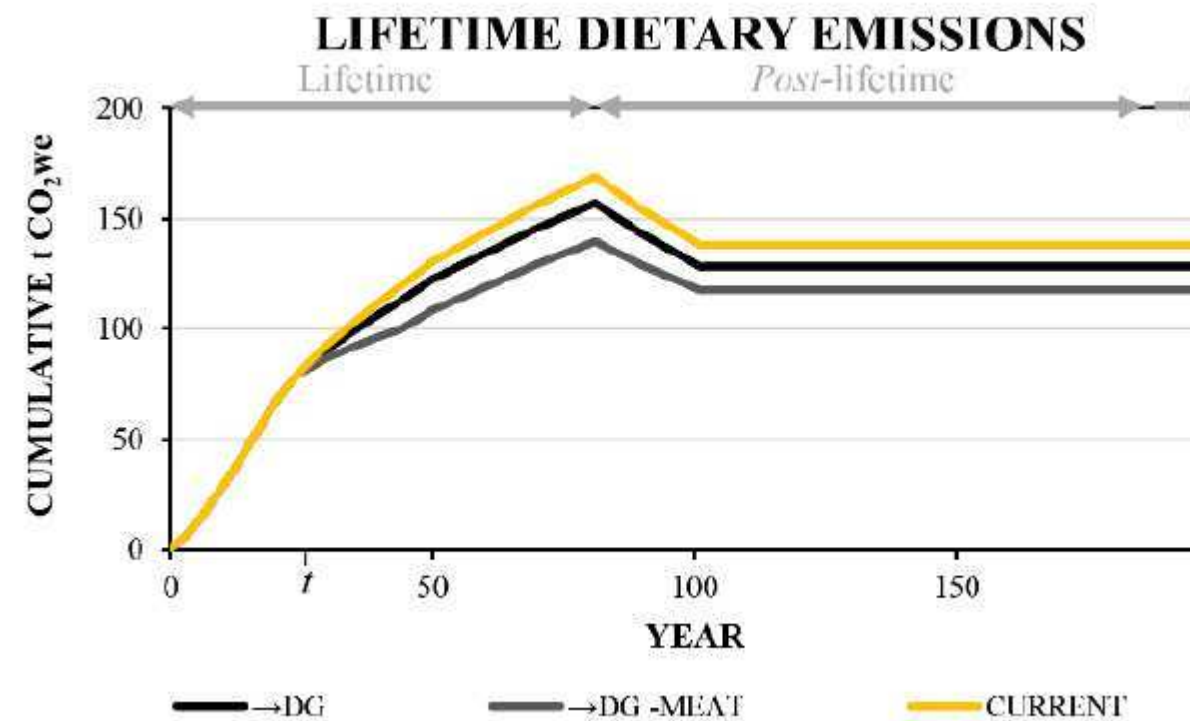


On calorie equivalency

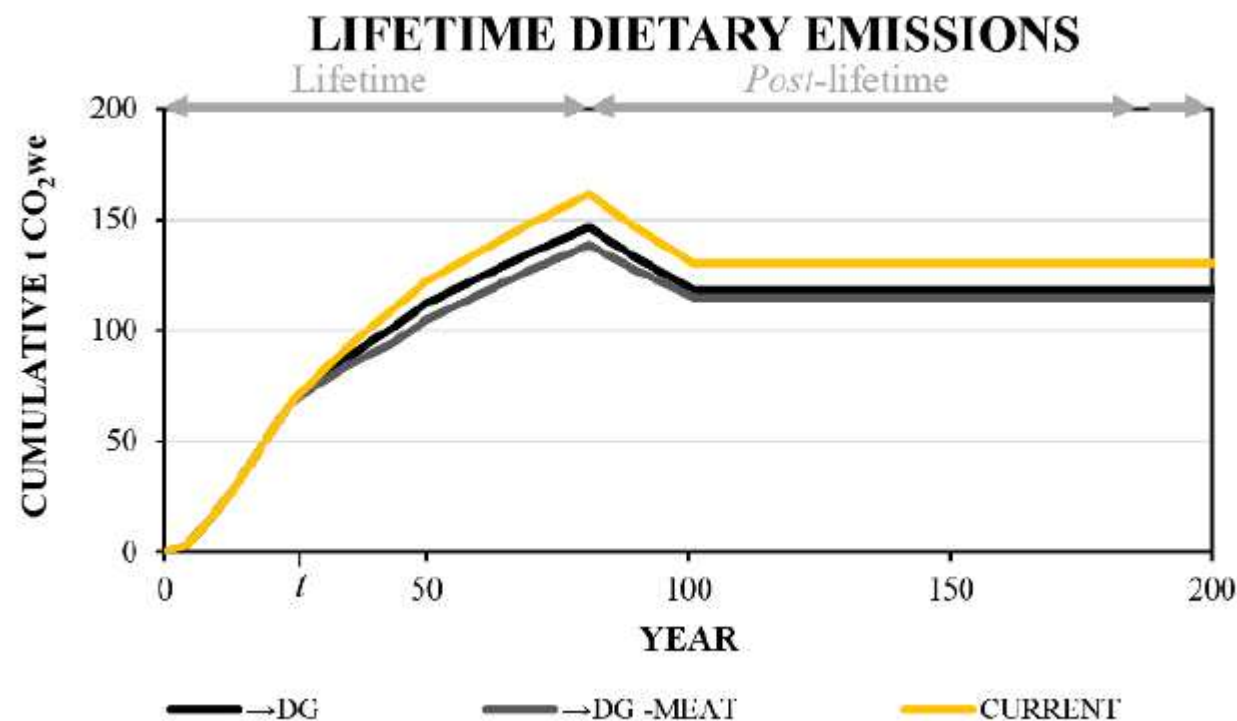
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On calorie equivalency



On protein equivalency

What about  
affordability?





# Affordability of nutrition



***What's the cheapest way to get a nutrient adequate diet?***

In the USA:

- Least cost nutrient adequate diet cost US\$1.98 per day
- Least cost plant-only diet cost US\$3.61 per day

Chungchunlam et al. 2020 *Nature Food*

# Affordability of nutrition



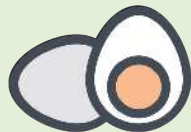
*What's the cheapest way to get a nutrient adequate diet?*

In the USA:

- Least cost nutrient adequate diet cost US\$1.98 per day
- Least cost plant-only diet cost US\$3.61 per day
- Large increases in the price of animal-sourced foods required before they were priced out:



**8x**



**11.5x**



**6.5x**



**3 - 5.5x**

Chungchunlam et al. 2020 *Nature Food*

# Summary

- The food system is a considerable contributor to global GHGs;
- The global diet is plant-based, but animal fortified;
- Animal-sourced foods are an important natural source of EAAs and micro-nutrients;
- ‘Empty-calorie’ foods contribute significantly to personal ‘warming footprint’;
- Changing to vegetarianism in NZ has only a very small effect on atmospheric warming when dietary role of animal-based foods is properly considered;



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